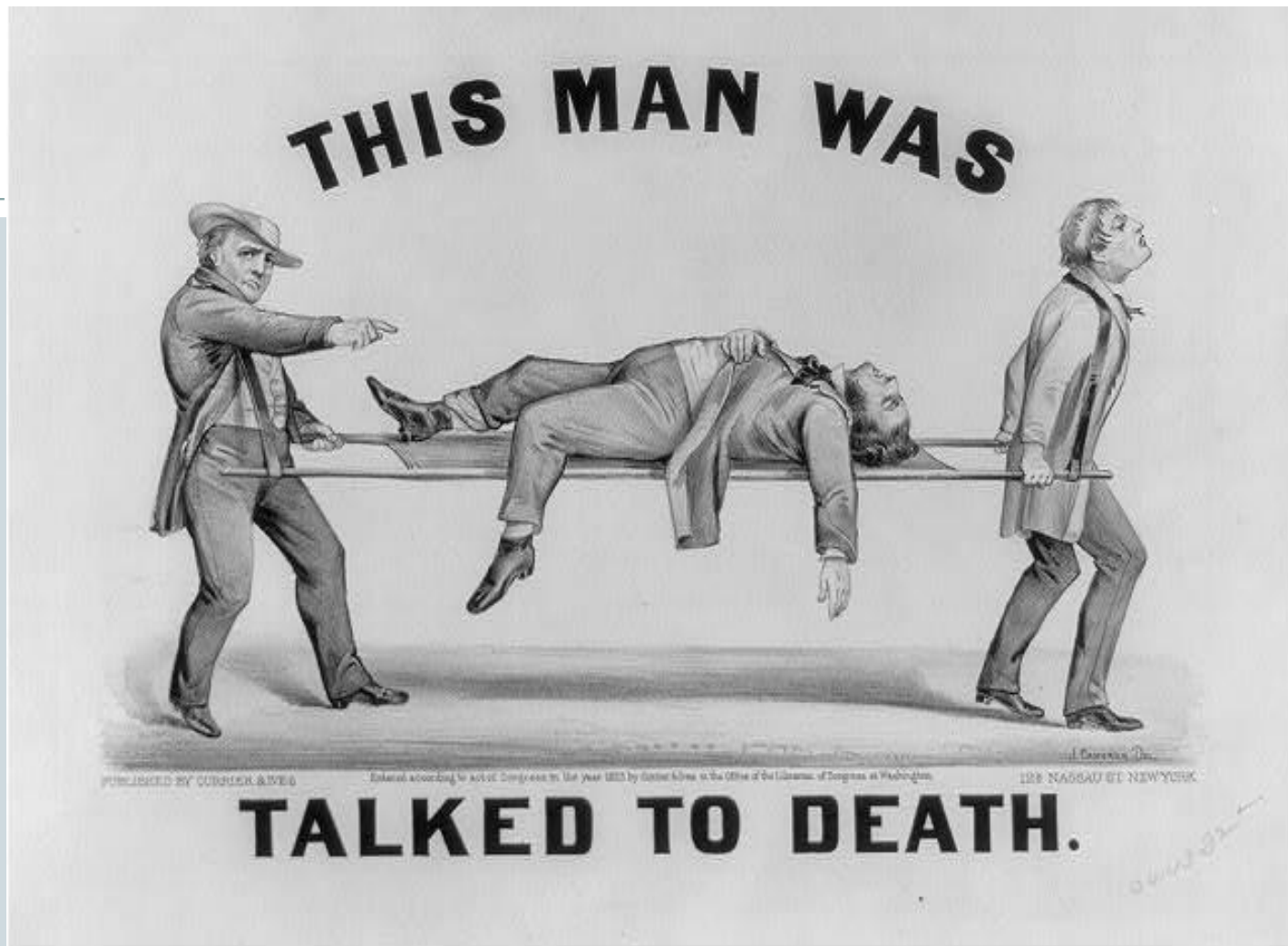


DO NOT SHOW THIS SLIDE



Collaboration for Introverts



Welcome!



Today's Objectives



- Develop a research-based awareness of introversion's challenges in the work or school environment
- Consider the ways introverts are challenged by national educational trends and practices
- Build a toolkit of best practices for fostering supportive relationships with introverted students and coworkers

Let's define “introvert”





what i think



what i say

What gives you energy?



Is this your brain on brainstorming/
group exercises?



Introverts and brainstorming



- Dunnette experiment (1963) – solitary vs group brainstorming
- 23 out of 24 groups produced more ideas working independently than in group
- 40 years of studies have yielded same conclusion
- Performance gets worse as group size increases

Collaboration 2.0



- Online collaborations – Linux, Wikipedia
- How do you (or how can you encourage students to) collaborate online?



Let's test a theory...



- www.dailyanagram.com
- Social pressure (not only an introverted trait, to be sure)

So, how do we thrive? - Workplace



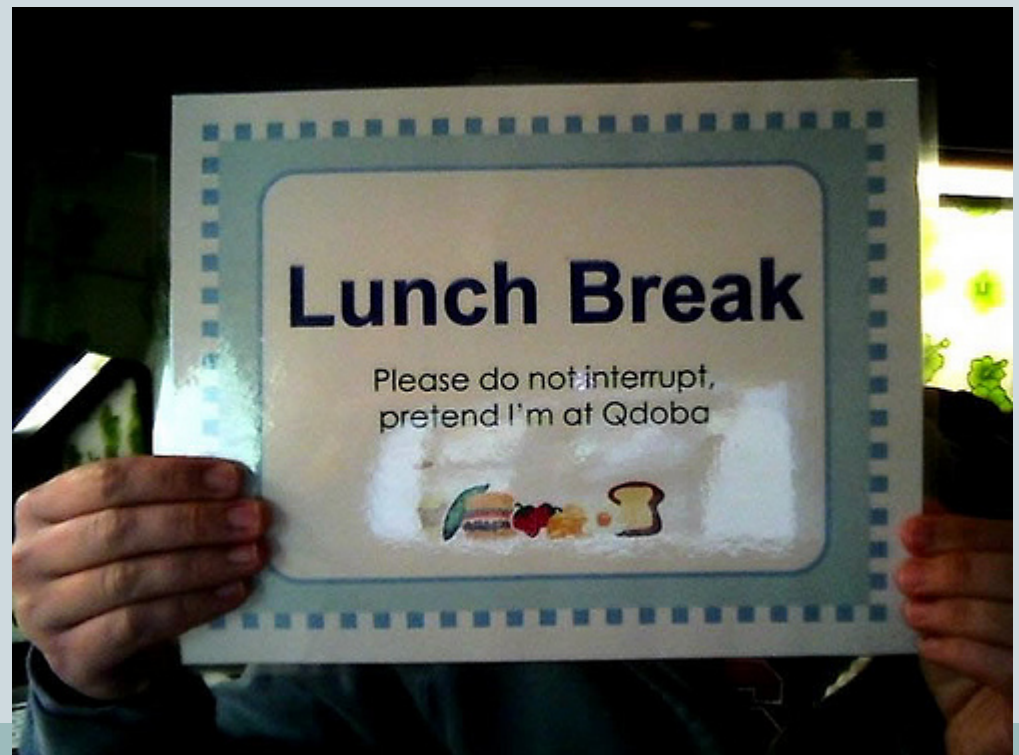
- Talk to your supervisor and team:
 - ✦ Discuss preferences
 - ✦ Ask to have agenda/discussion topics in advance



So, how to we thrive? - Workplace



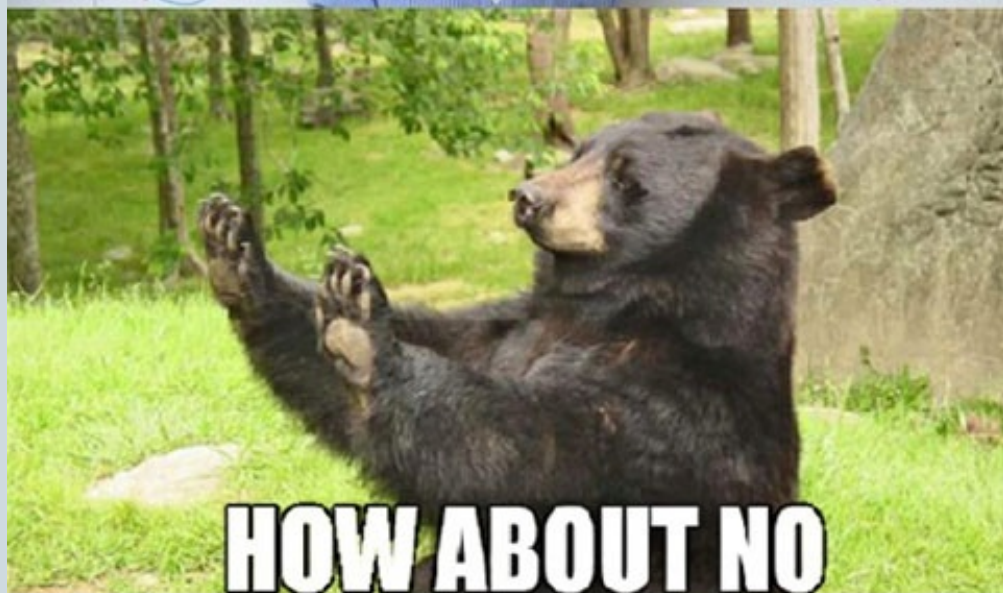
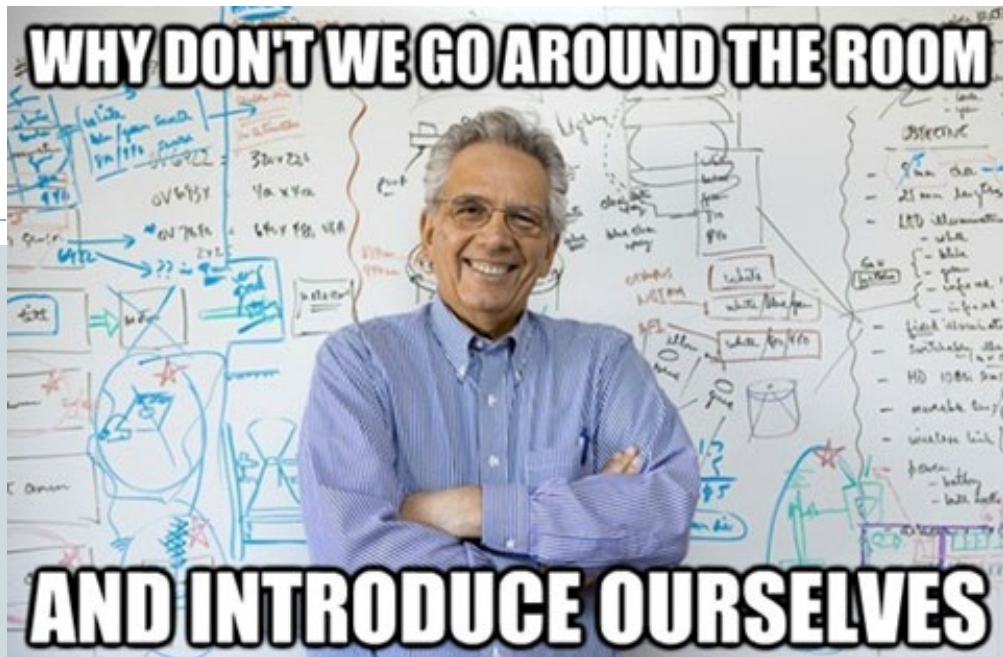
- Extroverts: don't assume someone isn't busy just because they aren't with another person!



So, how to we thrive? - Students



- **In the classroom:**
 - Group projects – find a role you enjoy/excel at and volunteer
 - Class participation – set a participation goal (once per class); make notes of questions or thoughts to share when preparing for the class



So, how do we thrive? - Students



- **Residential students:**
 - Roommates: Roommate agreement – settle on quiet hours and other ground rules
 - Studying: Identify quiet places to study if dorms are too busy – look for quiet parts of campus buildings

So, how do we thrive?



- Involvement



So, how do we thrive?



- **Engagement**

- What does engagement look like for an introverted student?
Does it look different at all?

So, how do we thrive?



- **Build relationships in your own way:**
 - Thank you notes/letters
 - Connect over things that *matter* to you

So how do we thrive?



- In a heavily collaborative day, build in some quiet.



So, how do we thrive?



- Other questions or considerations?
- Gallery walk exercise

"Everyone shines,
given the right lighting."

~ Susan Cain

IntrovertSpring.com

Questions later? Contact me!
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