Culture of Appreciation Brought to you by… WGST

ULIFE Winter Retreat
January 11, 2013

Learning Objectives

Idea sharing…

Celebrate achievements

Research on the impact of mindfulness

Be Intentional…

In practice…

University Wide Awards

Suzanne Scott, Vision Award, ODIME 2012

Gratitude Journals

ULIFE awards

National and Regional Awards

Christina Ramjeeder Naiqoff NASPA Region III Outstanding New Professional

Wake Forest Field hockey 3 peat

HR Awards

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- Identify the trends in mindful practices that contribute to the overall development of staff, faculty and the students they serve

- Recognize the role that a culture of appreciation among staff and faculty can provide opportunities for role modeling with students, especially student leaders

- Identify the ways in which a culture of appreciate can produce higher quality collaborations

- Recognize the value and importance of developing a culture of appreciation as part of professional development and personal renewal

Be Intentional....

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Idea sharing...